

Sex Addicts Anonymous (SAA)

<http://www.saa-recovery.org/>

La Crosse

Tuesday 7:00 PM - Tuesday Night La Crosse

Type: Mixed/Closed/12/All ([click here for explanation](#))

For information call Jim Y. at 507-312-0051

Or contact Dory I. at 608-792-4452

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Types of SAA Meetings

There are many types of SAA meetings. Here is a brief explanation of the terms used to describe them:

Attendance

Who can attend the meeting:

- **Men** - This meeting is for men only.
- **Women** - This meeting is for women only.
- **Mixed** - Both men and women are welcome at this meeting.
- **Couples** - This meeting is for people who bring their partner.
- **Open** - Anyone may attend a meeting specifically designated as open.
- **Closed** - Only sex addicts, or those who think they may be sex addicts, can attend these meetings.

If not specified, a meeting is usually mixed and closed. Most meetings are for people of any sexual preference; however, some meetings are indicated as "Gay" and these tend to be for homosexuals only.

What goes on at Meetings?

Different meetings have different activities, such as:

- **Check-In** - Participants talk about recent activities that affect their lives. Here is an opportunity to disclose one's secrets with fellow addicts who relate to our problems.
- **Book Study** - Topics from a book, typically Hope and Recovery or the AA Big Book are discussed. (See the [SAA Store](#) to purchase.)
- **Level 2 & Level 3** - Such meetings are for people who have committed serious sexual offenses, often having been imprisoned for their behavior.
- **Boundary Groups**: A meeting that requires special closure for confidentiality and safety needs within the group. Usually requires special permission to attend.