

## SUNDAY

Noon  
OW New Life / Amethyst  
Coulee Recovery Center  
933 Ferry St  
La Crosse, WI 54601

7PM  
CW New Life / Amethyst  
Coulee Recovery Center  
933 Ferry St  
La Crosse, WI 54601

## MONDAY

Noon-  
1PM  
OW Miracles Happen  
Coulee Recovery Center  
933 Ferry St  
La Crosse, WI 54601

6PM  
OW New Beginnings  
Coulee Recovery Center  
933 Ferry St  
La Crosse, WI 54601

7PM  
OW More Cowbell  
Basic Text Study  
Journey Lutheran Church  
2703 Sand Lake Road  
Onalaska, WI 54650

Key:  
C=Closed O=Open W=Accessible  
\*\*\*All meetings non-smoking\*\*\*

## TUESDAY

5:30PM Tuesday Night Text Message  
-6:45PM Family & Childrens Center  
OW (basement – rear entrance)  
1321 N Main Street  
Viroqua, WI 54665

6-7PM Ties that Bind Grow Stronger w/Time  
CW Bridges Methodist Church  
310 N 4<sup>th</sup> St  
La Crosse, WI 54601

7PM Women Helping Women  
CW Womens  
Christ Episcopal Church  
111 9<sup>th</sup> St N (upstairs)  
La Crosse, WI 54601

## WEDNESDAY

Noon-  
1PM  
OW Miracles Happen  
Coulee Recovery Center  
933 Ferry St  
La Crosse, WI 54601

6:30PM It Works  
C Riteway Club (Upstairs)  
805 ½ Sill St (Sill & Avon)  
La Crosse, WI 54603

7PM More Cowbell  
OW Living Clean Study  
Journey Lutheran Church  
2703 Sand Lake Road  
Onalaska, WI 54650

## THURSDAY

7:30PM New Life / Amethyst  
OW Coulee Recovery Center  
933 Ferry St  
La Crosse, WI 54601

## FRIDAY

Noon-  
1PM  
OW Miracles Happen  
Coulee Recovery Center  
933 Ferry St  
La Crosse, WI 54601

7PM Friday Night Discovery NA  
OW Family & Childrens Center  
(basement – rear entrance)  
1321 N Main Street  
Viroqua, WI 54665

7:30PM Work it!

-9PM Riteway Club (Upstairs)  
O 805 ½ Sill St (Sill & Avon)  
La Crosse, WI 54603

## SATURDAY

10AM It Works  
C Riteway Club (Upstairs)  
805 ½ Sill St (Sill & Avon)  
La Crosse, WI 54603

5-6PM Celebrate or Suffer Meeting  
OW Fellowship 6-7PM  
Coulee Recovery Center  
933 Ferry St  
La Crosse, WI 54601

TWELVE STEPS of NA

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Phone numbers

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God, Grant me the serenity,  
 To accept the things I cannot change,  
 The courage to change the things I can,  
 And the wisdom to know the difference.

# Narcotics Anonymous

## Meeting List



Big Rivers Area of Narcotics Anonymous

Contact us:

[www.bigriversna.org](http://www.bigriversna.org)  
 PO Box 3765 La Crosse, WI 54602  
[www.wisconsinna.org](http://www.wisconsinna.org)  
[www.na.org](http://www.na.org)

For meetings in MN check  
<https://www.nanninesota.us/>  
 Effective February 2020