### Sunday
- **Noon**
  - New Life / Amethyst
  - **OW**
  - Coulee Recovery Center
  - 933 Ferry St
  - La Crosse, WI 54601

- **7PM**
  - New Life / Amethyst
  - **CW**
  - Coulee Recovery Center
  - 933 Ferry St
  - La Crosse, WI 54601

### Monday
- **6PM**
  - New Beginnings
  - **OW**
  - Coulee Recovery Center
  - 933 Ferry St
  - La Crosse, WI 54601

- **7PM**
  - More Cowbell
  - **OW**
  - Basic Text Study
  - Journey Lutheran Church
  - 2703 Sand Lake Road
  - Onalaska, WI 54650

### Tuesday (Continued)
- **5:30PM**
  - Monday Night Text Message
  - C

- **6-7PM**
  - Ties that Bind Grow Stronger w/Time
  - **CW**
  - Bridges United Methodist Church
  - 721 King St (8th & King)
  - (8th street entrance, ring bell)
  - La Crosse, WI 54601

- **7PM**
  - Women Helping Women
  - **CW**
  - Christ Episcopal Church
  - 111 9th St N (upstairs)
  - La Crosse, WI 54601

  - **CW**
  - Clean and Serene
  - **CW**
  - Trinity Lutheran Church
  - 612 N Water St
  - Sparta, WI 54656

### Wednesday
- **5:30PM**
  - It Works
  - **C**
  - Riteway Club (Upstairs)
  - 805 ½ Sill St (Sill & Avon)
  - La Crosse, WI 54603

- **7PM**
  - More Cowbell
  - **OW**
  - Living Clean Study
  - Journey Lutheran Church
  - 2703 Sand Lake Road
  - Onalaska, WI 54650

### Thursday
- **7:30PM**
  - New Life / Amethyst
  - **CW**
  - Coulee Recovery Center
  - 933 Ferry St
  - La Crosse, WI 54601

### Friday
- **7PM**
  - Friday Night Discovery NA
  - **OW**
  - Family & Childrens Center
  - (basement – rear entrance)
  - 1321 N Main Street
  - Viroqua, WI 54665

- **7:30PM**
  - Work it!
  - **OW**
  - Riteway Club (Upstairs)
  - 805 ½ Sill St (Sill & Avon)
  - La Crosse, WI 54603

### Saturday
- **10AM**
  - It Works
  - **C**
  - Riteway Club (Upstairs)
  - 805 ½ Sill St (Sill & Avon)
  - La Crosse, WI 54603

- **11AM**
  - Women Do Recover
  - **CW**
  - Womens
  - Wesley United Methodist Church
  - 114 Broadway (Broadway & Main)
  - (rear entrance, off the parking lot across from the library)
  - Winona, MN 55987

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**Key:**
- C = Closed
- O = Open
- W = Accessible
- ***All meetings non-smoking***
TWELVE STEPS of NA

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Phone numbers

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Narcotics Anonymous
Meeting List

Big Rivers Area of Narcotics Anonymous

Contact us:

www.bigriversna.org
(866) 579-7534
PO Box 3765 La Crosse, WI 54602

www.na.org
www.wisconsinna.org

For meetings in MN check
https://www.naminnesota.us/

Effective April 2019

God, Grant me the serenity,
To accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.